

Norish plc

Exercise of options and PDMR Notification

Norish plc ("Norish" or the "Company") announces that Aidan Hughes, Finance Director, has exercised 110,000 share options which were issued under the Company's Enterprise Management Incentive Scheme with an exercise price of £0.58 pence each. Application has been made for the new shares to be admitted to AIM and admission is expected to take place on 1 May 2018.

The new Ordinary Shares pursuant to the exercise of options will rank pari passu with the existing Norish Ordinary Shares. Following admission, Norish will have in issue 30,070,378 ordinary shares of €0.25 cent each ("Ordinary Shares").

Following the admission, Aidan Hughes' interest in the Company is 317,500 Ordinary Shares, representing approximately 1.1% of the Company's issued Ordinary Shares.

Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<b>Aidan Hughes</b>
2	Reason for the notification	
a)	Position/status	<b>Finance Director / PDMR</b>
b)	Initial Notification Amendment	<b>INITIAL NOTIFICATION</b>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<b>Norish PLC</b>
b)	LEI	<b>635400OV6CUEDS9IAI49</b>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<b>ORDINARY SHARES OF NOMINAL VALUE €0.25 EACH</b>  <b>ISIN: IE0006447985</b>
b)	Nature of the transaction	<b>Exercise of Options</b>

c)	Price(s) and volume(s)	Price(s)	Volume(s)
		<b>58 pence per Ordinary Share</b>	<b>110,000</b>
d)	Aggregated information — Aggregated volume — Price	<b>NOT APPLICABLE – SINGLE TRANSACTION</b>	
e)	Date of the transaction	<b>25 April 2018</b>	
f)	Place of the transaction	<b>London Stock Exchange – AIM (XLON)</b>	
g)	Additional Information		

ENDS

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