Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Timothy O'Neill	
	D	£:	
2	Reason for the notification		
a)	Position/status	Executive Chairman / PDMR	
b)	Initial Notification	INITIAL NOTIFICATION	
	Amendment		
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or		
	auction monitor		
a)	Name	Norish PLC	
b)	LEI	635400OV6CUEDS9IAI49	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the	ORDINARY SHARES OF NOMINAL VALUE €0.25 EACH	
	financial		
	instrument,	ISIN: IE0006447985	
	type of		
	instrument		
	Identification		
	code		
b)	Nature of the	ACQUISITION OF ORDINARY SHARES	
	transaction		

c)	Price(s) and		
,	volume(s)	Price(s)	Volume(s)
	, ,	61.5 pence per Ordinary Share	10,000
d)	Aggregated information — Aggregated volume — Price	NOT APPLICABLE – SINGLE TRANSACTION	ON
e)	Date of the transaction	23 October 2018	
f)	Place of the transaction	London Stock Exchange – AIM (XLON)	
g)	Additional		
<i></i>	Information	Total shareholding in Norish plc followin	ng this transaction is
		3,020,000 Ordinary Shares	