

# Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	<i>Ted O'Neill</i>
2	Reason for the notification	
a)	Position/status	<i>Executive Chairman / PDMR</i>
b)	Initial Notification Amendment	<i>INITIAL NOTIFICATION</i>
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	<i>Norish PLC</i>
b)	LEI	<i>635400OV6CUEDS9IAI49</i>
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	<i>ORDINARY SHARES OF NOMINAL VALUE €0.25 EACH</i>  <i>ISIN: IE0006447985</i>
b)	Nature of the transaction	<i>Acquisition of shares</i>

c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th data-bbox="494 230 948 264">Price(s)</th> <th data-bbox="948 230 1391 264">Volume(s)</th> </tr> </thead> <tbody> <tr> <td data-bbox="494 264 948 297"><b>75 pence per Ordinary Share</b></td> <td data-bbox="948 264 1391 297"><b>12,500</b></td> </tr> <tr> <td data-bbox="494 297 948 331"><b>75 pence per Ordinary Share</b></td> <td data-bbox="948 297 1391 331"><b>1,500</b></td> </tr> </tbody> </table>	Price(s)	Volume(s)	<b>75 pence per Ordinary Share</b>	<b>12,500</b>	<b>75 pence per Ordinary Share</b>	<b>1,500</b>
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d)	Aggregated information — Aggregated volume — Price	<b>14,000 shares</b> <b>75 pence</b>						
e)	Date of the transaction	<b>4 November 2019, 6 November 2019</b>						
f)	Place of the transaction	<b>London Stock Exchange – AIM (XLON)</b>						
g)	Additional Information	<i>Total shareholding in Norish plc following this transaction is 3,034,000 Ordinary Shares</i>						