

Notification of Transactions by Persons Discharging Managerial Responsibilities and Persons Closely Associated with them

This form is required for disclosure of transactions under Article 19 of Regulation (EU) No 596/2014 of the European Parliament and of the Council of 16 April 2014 on market abuse (Market Abuse Regulation)

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Aidan Hughes
2	Reason for the notification	
a)	Position/status	Finance Director / PDMR
b)	Initial Notification Amendment	INITIAL NOTIFICATION
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Norish PLC
b)	LEI	635400OV6CUEDS9IAI49
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	ORDINARY SHARES OF NOMINAL VALUE €0.25 EACH ISIN: IE0006447985
b)	Nature of the transaction	Disposal of shares

c)	Price(s) and volume(s)	<table border="1"> <tr> <td data-bbox="494 230 949 264">Price(s)</td> <td data-bbox="949 230 1391 264">Volume(s)</td> </tr> <tr> <td data-bbox="494 264 949 297">63 pence per Ordinary Share</td> <td data-bbox="949 264 1391 297">50,000</td> </tr> </table>	Price(s)	Volume(s)	63 pence per Ordinary Share	50,000
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d)	Aggregated information — Aggregated volume — Price	NOT APPLICABLE – SINGLE TRANSACTION				
e)	Date of the transaction	8 October 2019				
f)	Place of the transaction	London Stock Exchange – AIM (XLON)				
g)	Additional Information	<p><i>Total shareholding in Norish plc following this transaction is</i></p> <p>267,500 Ordinary Shares</p>				